



St. Mary & St. Joseph Coptic Orthodox Church

11308 Yonge St, Richmond Hill, ON L4S 1K9

I am the Resurrection & the Life (John 11:25)

THE ROCK

THE LORD IS MY ROCK.

- **PSALM 18:2**

I AM

**THE RESURRECTION
AND THE LIFE**

- **JOHN 11:25**

Reflection #1 on (John 11:25):

“I am the resurrection and the life. He who believes in Me, though he may die, he shall live.”

By E.S.

What does it mean that Christ is the “resurrection and the life”? This is one of the most recognized “I am” statements spoken by Jesus. For context, Jesus had delayed his arrival to Bethany after hearing of Lazarus’ death, leaving Mary and Martha confused. The sisters loved Jesus dearly but were puzzled as to why He would not arrive earlier and save Lazarus. It is then where Jesus proclaimed to Martha, in full confidence, that He is the resurrection and the life.

Normally, it is understood that “life” is the time we spend on earth and “death” is seen as the end of life. However, as Christians, we need to redefine the way we see “life” and “death”. To live is to be in the presence of God. Whether through prayer, worship, or following in Christ’s footsteps, we need to spend our time on earth preparing for eternal life with Him in heaven. As the Apostle Paul wrote, **“For to me, to live is Christ, and to die is gain.” (Philippians 1:21)**. In other words, we need to exalt the Lord in every aspect of our lives. This is what Jesus means when He says “He who believes in Me, though he may die, he shall live.” When we believe in Christ, even though we may physically “pass away,” we will continue to live with Him for eternity. On the other hand, “death” is to be separated from God. When we sin, this is what separates us from true life with Him. Fortunately, we are rewarded with the chance to “resurrect” with Him through repentance. Through the Sacrament of Reconciliation, we are resurrected into a new life and fellowship with Christ.



Reflection #2 on (John 11:25):

By B.K.

We all know the story of Jesus raising Lazarus from the dead, right? We understand that Jesus came to the tomb and told Lazarus to **“come forth!”** But do we really understand Jesus’ message?

When Jesus came to Bethany, He found that Lazarus had already been in the tomb four days (John 11:17). When Martha, the sister of Lazarus and Mary, heard that Jesus was coming, she went to meet Him (John 11:20), and she told Him: **“Lord, if You had been here, my brother would not have died. But even now I know that whatever You ask of God, God will give You.” (John 11:21-22)**

With this, Jesus responds, **“Your brother will rise again.”** And Martha said to Him, “I know that he will rise again in the resurrection at the last day.” It is then that Jesus says **“I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die.”**

So what does it mean that Jesus is the resurrection and the life?

Jesus is the life in that He is the only Way to eternal life, and that He is the provider of life (physical, spiritual, and eternal). Jesus is also the resurrection because by His resurrection from the dead He resurrected us too, from the dead. Death has no more power over us because of Christ.

Furthermore, He who believes in Christ, although he may die physically, will live! And all of us, who died in a spiritual sense because of our sins, will live because of Christ forevermore!



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