



St. Mary & St. Joseph Coptic Orthodox Church

11308 Yonge St, Richmond Hill, ON L4S 1K9

*HUMBLE YOURSELF (LUKE 14:11)*

# THE ROCK

THE LORD IS MY ROCK.

- **PSALM 18:2**

HUMBLE  
YOURSELF

- LUKE 14:11



## Reflection on (Luke 14:11):

***"For whoever exalts himself will be humbled, and he who humbles himself will be exalted."***



*By B.K.*

If you look at the context, you will see that Jesus went to the house of one of the rulers of the Pharisees on the Sabbath. He noted how they sat at the best places, and He then tells them that when they are invited to a wedding, they should not sit in the best place, lest someone more honourable comes and they are told to give place for that man and they begin with shame to take the lowest place. Rather, they should sit in the lowest place so that they are told to go up higher and they will have glory in the presence of all those who sit with them (Lk 14:1, 7-10). Jesus adds, ***"For whoever exalts himself will be humbled, and he who humbles himself will be exalted."***

So what does Jesus mean by this verse? St. Mary tells that ***"He has put down the mighty from their thrones, and exalted the lowly"*** (Lk 1:52). Again, the Psalmist David, says in the Book of Psalms, ***"The humble He guides in justice, and the humble He teaches His way."*** (Psalm 25:9). Furthermore, St. James the Just tells us: ***"Humble yourselves in the sight of the Lord, and He will lift you up"*** (James 4:10).





HUMBLE YOURSELVES  
IN THE SIGHT OF THE LORD,

AND HE WILL

LIFT YOU UP.

JAMES 4:10 [NKJV]

So we know that God helps the one who is lowly in heart, but God opposes the proud person. The one who is lowly in heart seeks God, saying, “Lord, have mercy on me, a sinner, and help me.” The proud, however, because he thinks highly of himself, does not seek the help of God.

As a result of not seeking God, he falls into destruction. As King Solomon says, **“Pride goes before destruction, and a haughty spirit before a fall” (Proverbs 16:18).**

Since we are humans, and because of our nature, we tend to be prideful sometimes. But, whoever calls upon the Name of the Lord shall be saved. So, if you’re struggling with much pride right now, pray to the Lord and He will help you. Don’t rely on yourself, but on God, with Whom all things are possible (Matthew 19:26).

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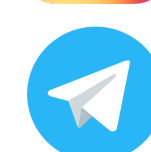
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