



St. Mary & St. Joseph Coptic Orthodox Church

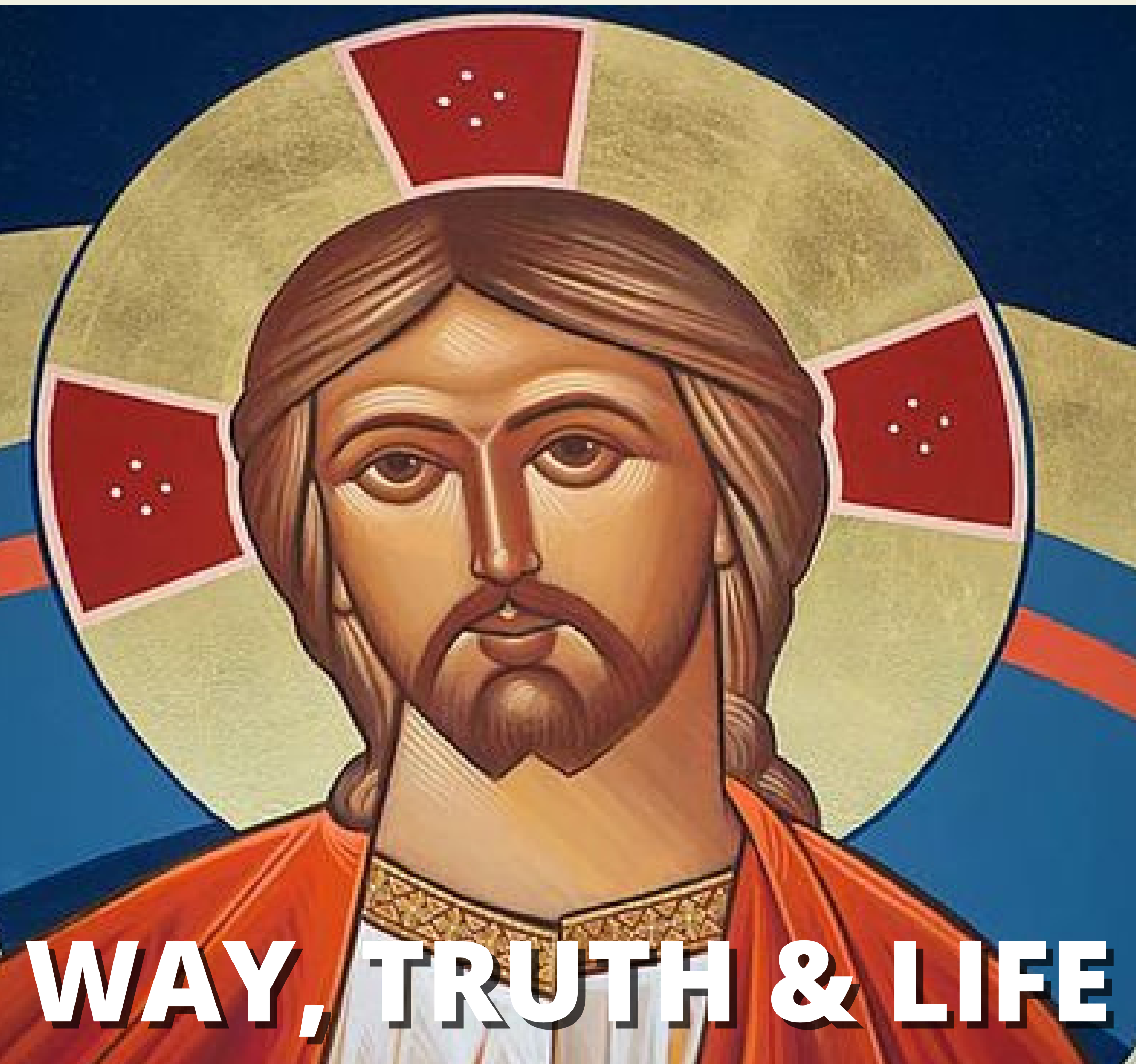
11308 Yonge St, Richmond Hill, ON L4S 1K9

*Way, Truth & Life (John 14:6)*

# THE ROCK

THE LORD IS MY ROCK.

**- PSALM 18:2**



# WAY, TRUTH & LIFE

# 1

## Reflection on (John 14:6):

**"I am the way, the truth, and the life."**

By E.S.

In John 14, the disciples were troubled that the Lord was leaving them. The disciple Thomas asks, **"Lord, we do not know where You are going, and how can we know the way?" (John 14:5)** Jesus replied, **"I am the way, the truth, and the life. No one comes to the Father except through Me."** What exactly does Jesus mean when He says this?

The disciple Thomas initially believed that Jesus was speaking of a destination that was unknown to them. However, Christ was not directing the disciples to the Father, rather He was telling them that He is the way to the Father. Through His death and resurrection, He is the only road and path to salvation. In our own lives, when we choose to follow His way, the road can be difficult at times. We can become filled with doubt, fear, and feel pressured from society to deviate from the way the Lord has intended for us. We want to keep His commandments in our lives but it seems all too difficult. Thankfully, we are reminded that, **"The Lord will give strength to His people; The Lord will bless His people with peace." (Psalms 29:11)** When we follow Christ in His footsteps, we find our strength and become filled with His peace.

All too often nowadays, people take pleasure in adjusting the truth in a way that favors their circumstances. Society maintains that everything is relative, meaning what one group believes is true, may not be true for others. However, Jesus is revealing to us that He is the only truth. We must accept and let Him be the truth that we seek. As members of the Church, we need to beware of following false truths perpetuated by modern society that deny us salvation and eternal life.





When we receive the Holy Communion, we are uniting with Christ as stated, **“He who eats My flesh and drinks My blood abides in Me, and I in him.” (John 6:56)** Through this, we are made alive. When we fall into Earthly temptations, we must take a moment, reflect, and recognize that our sins draw us away from Christ. Immediately we should return to Him and confess our sins for us to acknowledge the true identity of Christ in our lives.

Jesus is the way we must follow, the truth whom we must believe, and the life in whom we have our hope.

## 2 Reflection on (John 14:6):



*By B.K.*

Earlier Jesus told His disciples, “[you] know the way to the place I am going”, but Thomas replied to Him, **“Lord, we do not know where You are going, and how can we know the way?” (John 14:4,5)**. It is then when Jesus replied **“I am the way, the truth, and the life. No one comes to the Father except through Me.”**

Jesus claims that He is the **way**. There is no other way to eternal life but through Jesus. He is the way to everlasting life and the way that we must follow if we want to see life (**John 3:18,36**).

Jesus is also the **truth**. He taught us the truth about the Kingdom of Heaven, and He is the source of all truth (**John 1:14,17**). When mankind fell, we lost knowledge of God, but Jesus came to earth and taught us the truth about God.

Furthermore, Jesus is the **life**. He is the giver of eternal life, and He provides it to all who believe and follow Him (**John 3:16, 11:25, Romans 6:23**). Only through Jesus can we come to the Father, and only through Jesus are we justified, we are not justified by our own works. Rather, it is Christ's righteousness that is attributed to us (**Romans 3:26, Acts 13:39, Ephesians 2:18**).

We are nothing on our own. But we can do all things through Christ (**Philippians 4:13**). He is our Savior, Shepherd, King, and God. He teaches us the truth, is our way that we must follow, and the One who grants us life everlasting; no one can come to the Father on their own, but through Christ only.

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#### Citations:

- [Bible Hub: Search, Read, Study the Bible in Many Languages](#)
- [Knowing Jesus \(knowing-jesus.com\)](#)
- [OpenBible.info](#)
- [What Does John 14:6 Mean? \(knowing-jesus.com\)](#)
- New King James Version Holy Bible - Thomas Nelson

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