



St. Mary & St. Joseph Coptic Orthodox Church

11308 Yonge St, Richmond Hill, ON L4S 1K9

"For God has not given us a spirit of fear" (2 Tim. 1:7)

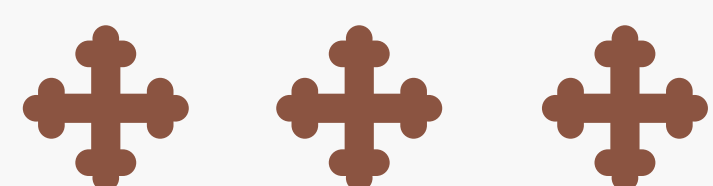
THE ROCK

THE LORD IS MY ROCK.
- **PSALM 18:2**

*"For God has not given us a spirit of fear, but
of power and of love and of a sound mind."*

- 2 Timothy 1:7

May 2021



Reflection on (2 Timothy 1:7):

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

This verse speaks volumes about the loving nature of the Lord. God never attempts to gain followers through fear or manipulation, but rather through light and truth. When we allow God into our lives, the Holy Spirit that He gifts us allows us to truly understand His power and love. When God becomes a part of our lives, we therefore experience a life of love, self-control, power, and strength. God shows us that love is a much greater motivator than fear or deceit. Whenever we are faced with fear in our lives, we must simply put our trust in the Lord, ask Him to fill us with His Spirit, and find strength and comfort by confiding in Him. God will show us the light in times of darkness, worry, fear, and uncertainty, for His power is steadfast and permanent. Unlike materialistic possessions that may only provide a temporary sense of power or pleasure in one's life, God's power is purposeful, eternal, and honest. We must trust that, by continually working on our faith each day, God will display His power in our own lives. As a result, we will not only be able to conquer our fears, but also fill our hearts and minds with love and peace during unsettling times.




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