



St. Mary & St. Joseph Coptic Orthodox Church  
11308 Yonge St, Richmond Hill, ON L4S 1K9

**Daily Meditations • June 29, 2020**

# THE ROCK

THE LORD IS MY ROCK.  
- PSALM 18:2



## Reflection on (1 Corinthians 12: 20-26)

*20 But now indeed there are many members, yet one body. 21 And the eye cannot say to the hand, "I have no need of you"; nor again the head to the feet, "I have no need of you." 22 No, much rather, those members of the body which seem to be weaker are necessary. 23 And those members of the body which we think to be less honourable, on these we bestow greater honour; and our unrepresentable parts have greater modesty, 24 but our representable parts have no need. But God*





*composed the body, having given greater honour to that part which lacks it, 25 that there should be no schism in the body, but that the members should have the same care for one another. 26 And if one member suffers, all the members suffer with it; or if one member is honour, all the members rejoice with it.*

(This is an excerpt from 1 Corinthians 12: 1-31, but I highly recommend reading the whole thing and meditating on it a bit it's a powerful and beautifully phrased reminder we all need from time to time.)

This is what I believe to be one of the most practical, honest, yet empowering Pauline Epistles I have read probably ever. It's phrased eloquently yet somehow bluntly, allowing for what I believe to be a clear interpretation of our individuality, talent, and purpose within Christ - and timely at that, with the recent feast of the Pentecost.





St. Paul is addressing each of us, and how He, the Holy Spirit, manifests Himself within us. Through knowledge, faith, wisdom, language, miracles even, each of us display the glory our God has gifted us with, though we may not recognise it.

I believe these gifts manifest themselves in more ways than we can conceive - being comforting in times of trouble, speaking out when there's a clear issue at hand, being honest when it's hard, actively listening, promoting good behaviour - when we represent Christ within and outside our community.

St. Paul communicates that each of us have our own unique part to play within God's plan, regardless of appearance, skillset or perceived importance. Furthermore, each and every individual within that plan is crucial, important, valued, and loved first and foremost by the Creator Himself.





Worldly prestige and class are but a ruse when we know our true value is known by Our Father. Working alone is not enough however; it is through our community that we survive as Christians. We empower each other and keep us on track, be it with music or technology or just scheduling - the sacrifice of our time for others with Him at the centre of our deeds allows us to function as a compassionate, steadfast, unbroken, loving body of Christ.



***Connect with us:***



[smsj.ca/the-rock/](http://smsj.ca/the-rock/)



@TheRockatSMSJ

