



St. Mary & St. Joseph Coptic Orthodox Church
11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • June 20, 2020

THE ROCK

THE LORD IS MY ROCK.
- PSALM 18:2

Daily Meditation





Reflection on (Hebrews 2:10)

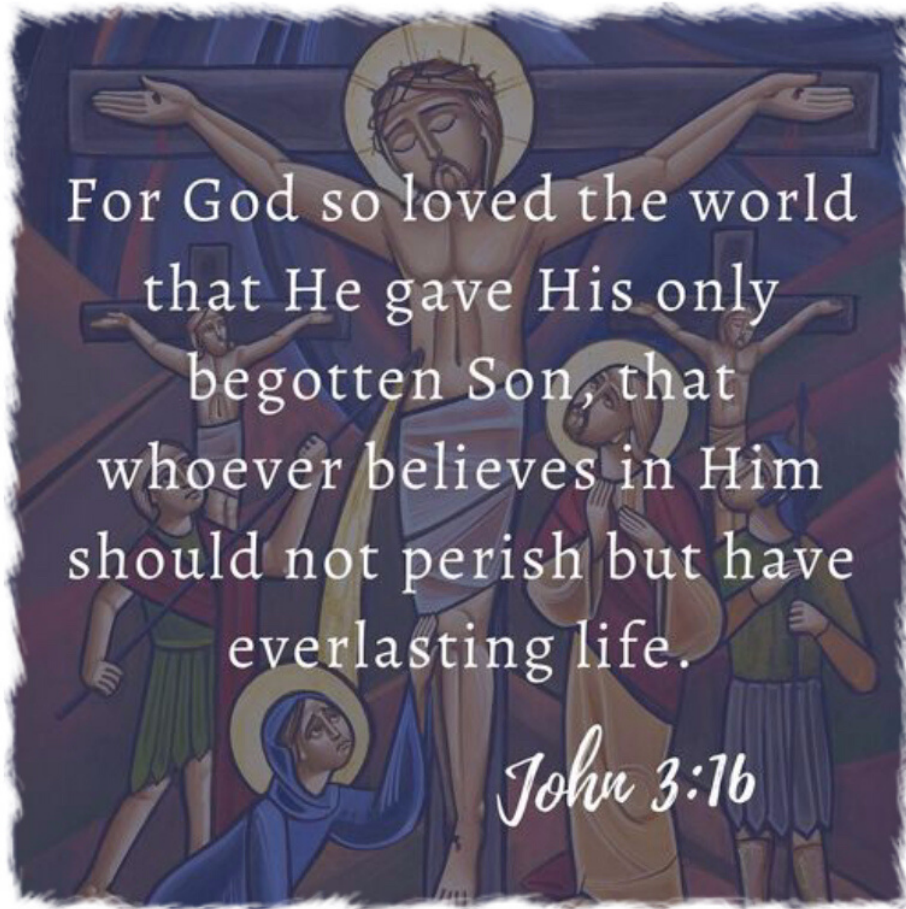
For it was fitting for Him, for whom are all things and by whom are all things, in bringing many sons to glory, to make the captain of their salvation perfect through sufferings.

I have always wondered why God, the Creator of all things, couldn't have saved us without sacrificing His only Son. But how would we have been saved if He had not taught us the true meaning of love? God showed us that real love comes with sacrifice. "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life" (John 3:16). God sent His only Son to suffer with temptation and to die on the cross just to show us how much He loves us. How can I say I love God if I'm not willing to sacrifice my time to serve Him? How can I say I love God if I'm not willing to sacrifice my earthly desires to follow His teachings? How can I say I love God if I do not live my life through Him? Loving God comes with a sacrifice. Similar to





Jesus, the captain of our salvation, we will suffer with temptation, persecution, and many hardships in life. However, how we deal with our suffering is what reflects our faith and love for God.



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