

St. Mary & St. Joseph Coptic Orthodox Church  
 11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • June 17, 2020

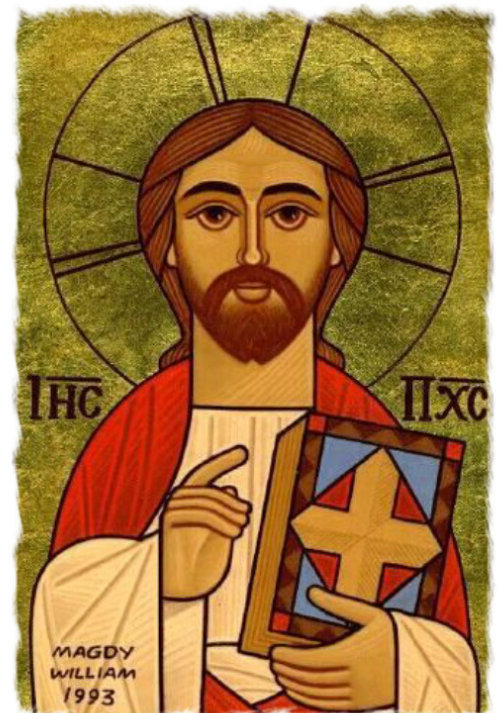
# THE ROCK

THE LORD IS MY ROCK.  
 - PSALM 18:2

*Daily Meditation*

## Reflection on (Matthew 23:27)

*Woe to you, scribes and Pharisees, hypocrites! For you are like whitewashed tombs which indeed appear beautiful outwardly, but inside are full of dead men's bones and all uncleanness. Even*





*so you also outwardly appear righteous to men, but inside you are full of hypocrisy and lawlessness.*

As I excitedly returned to church this week, I looked back on the last few months and reflected on whether I had lived up to my calling as a Christian. I realized that before COVID, I'd sometimes be guilty of being a so-so Christian during the week, but then arrive bright and early for Sunday liturgy. Am I like a pharisee, who appears excited to finally go back to church, but haven't been living a holy life in the meantime? Or do I live a Christian life every minute of every day, and so going to church is just an extension of that? I decided that regardless of the answer to this question, I would take the church's re-opening as a re-commitment to living a Christian life every single day.



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