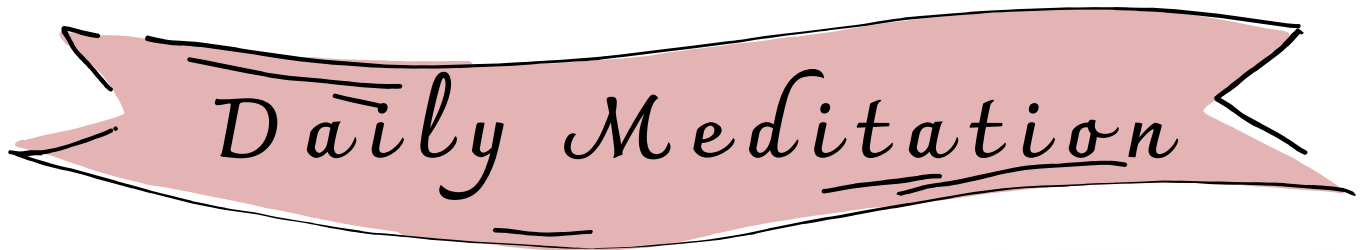


St. Mary & St. Joseph Coptic Orthodox Church
11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • July 26, 2020

THE ROCK

THE LORD IS MY ROCK.
- PSALM 18:2



Reflection on (James 3:5)

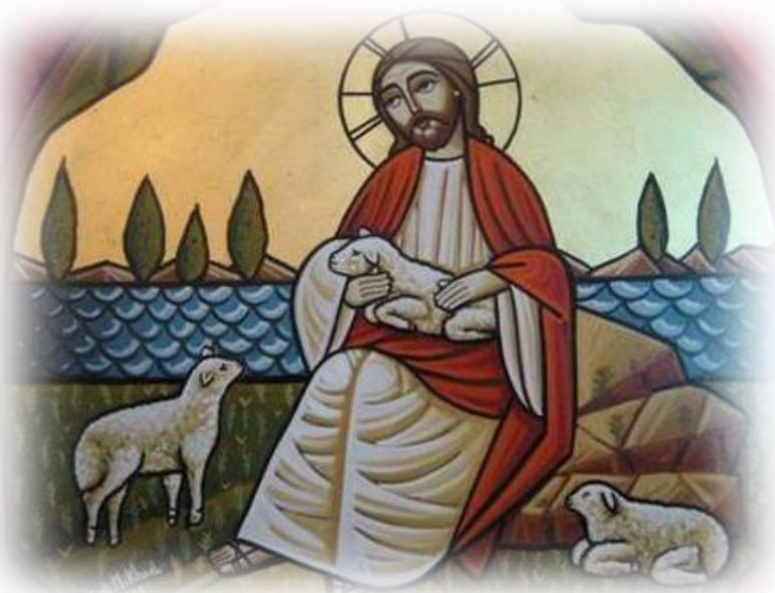
"Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles!"





I think this verse can be interpreted either negatively or positively! If you don't make a conscious effort to think before you speak, your words can be detrimental. On the other hand, if you choose to speak kindly, your words can make a positive, lasting impact on those around you.

More often than not, we don't realize the effects of what we say until after we've said it. If you choose to focus and speak positively, your entire perspective and attitude on life will transform for the better. Taking the time to think before you speak and to work on being more kind with your words takes a lot of work and can be difficult to achieve on your own. Let's pray and ask God to help us become more aware of what we say and the effects they have on those around us.



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