



St. Mary & St. Joseph Coptic Orthodox Church
11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • July 22, 2020

THE ROCK

THE LORD IS MY ROCK.
- PSALM 18:2

Daily Meditation

Reflection on (1 Corinthians 3: 1-2) by N.S.

"1 And I, brethren, could not speak to you as to spiritual people but as to carnal, as to babes in Christ. 2 I fed you with milk and not with solid food; for until now you were not able to receive it, and even now you are still not able."





These two verses shine light on something that we often forget, especially in our time. What we are taught in school and university are told to be complete truths, if you learn about evolution for example they will tell you it is the truth and a complete truth, but it's not!! We are little tiny weak humans that pretend we can know all about what is around us but the truth is that we can't! And the proof is that scientific theories that are taught as truths change every generation... ask your parents what they were taught in school and you will be surprised! That's not only our generation, all generations figure out new things that the previous one didn't know because we are so far from knowing the entirety of truth...

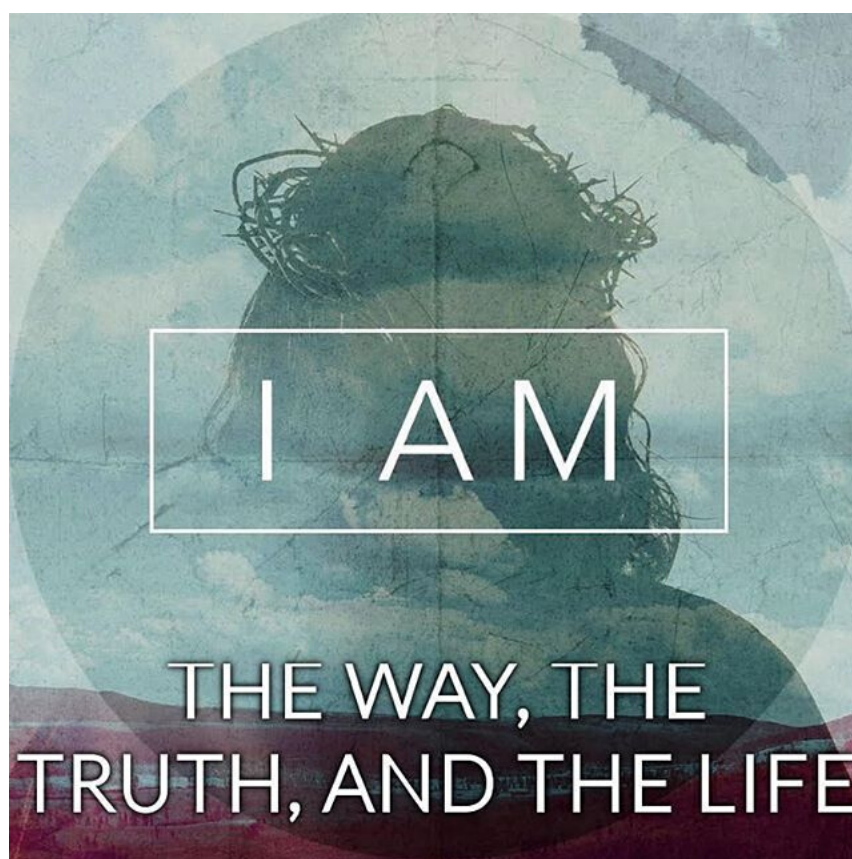
This concept is also in our spiritual lives... sometimes we can fall into two extremes. The first one being that we think we know everything about God and we can fit Him into our tiny head and the second one being that if we don't understand one single thing about something that God did then God is either bad or he doesn't exist....

St. Paul here reminds us that he has fed us with milk and not with





solid food because we aren't able to bear the entire truth! This is in the Bible! Does that mean that the Bible is not the entire truth? Well no, if you thought so you are fooled! Our Lord is the Truth as He says I am the Way, the Truth and the Life! The Bible is a pointer to the truth. A light in darkness. This is also why the Orthodox Church refuses sola scriptura, because we know that we can understand God (the truth) deeper through the Church fathers and tradition passed down.



Here St. Paul reminds us that we cannot "KNOW" God. We can have a relationship with Him but we cannot fully know Him until



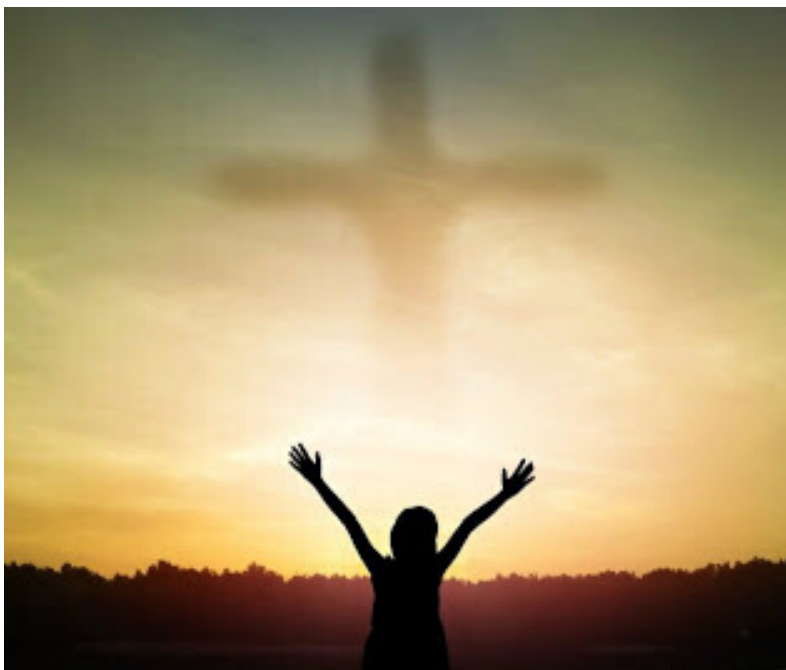


one day God willing when we will be facing Him and experiencing Him fully, being one with the Bridegroom.

This verse reminds us that it's fine if we don't understand our circumstances or our conditions, even if we are Christian, we don't know the entirety of what is good.

That being said, we can certainly get close to that by getting closer and closer to Him and allowing Him to reveal to us more and more about His goodness and truth.

May God protect us and always guide us towards what is true, Amen.



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