



St. Mary & St. Joseph Coptic Orthodox Church
 11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • July 13, 2020

THE ROCK

THE LORD IS MY ROCK.
 - PSALM 18:2

Daily Meditation





Reflection on (2 Corinthians 12: 5)

Of such a one I will boast; yet of myself I will not boast, except in my infirmities.

What a strange claim is this? Saint Paul is claiming that if he was to boast, he would only boast about his infirmities... meaning his weakness. At first, this may sound as unwise but what did Saint Paul know that we do not know, to say this? It reminds me of the story of Bob and his 3 years old son, Dany. Bob brought a game to his son which suddenly stopped working... Dany was extremely sad, and he decided to fix his game, he spent hours and hours trying to fix it while his daddy asked him many times to take a look at the game, however baby Dany, thinking he is a big boy now he refused his request. After long hours and a lot of despair, he went to his daddy crying and said: "Dad, please help me. I don't know how to fix this". 2 two minutes later, it was fixed. We are all little Dany, we all think we're adults now, we know how to do "stuff" and whenever we fail, we get extremely sad and keep





trying and trying... Why?? Cause we're "Big boys". Our Heavenly Father wants to help us so much, He keeps asking us if we need help and all we say is: "No, thank you, I got this". We only need to go to Him and tell Him, "Dad, I'm weak, can you help me?". It is at this moment, that all trouble gets to an end, Our Father takes it and deals with it. The beauty of it is that you can tell Him anything...

You don't know how to pray? Tell Him

You don't love your brother? Tell Him

Do you commit a sin? Tell Him

You do not know what to do? Tell Him





Just tell Him and boast about it, just like Saint Paul, You know why? Because once you confess your weakness, you become very strong because God gives you His strength. So, wouldn't it make sense, that if I were to boast, I wouldn't boast except in my infirmities? "And He said to me, 'My grace is sufficient for you, for My strength is made perfect in weakness.' Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me." (2 Corinthians 12:9)



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