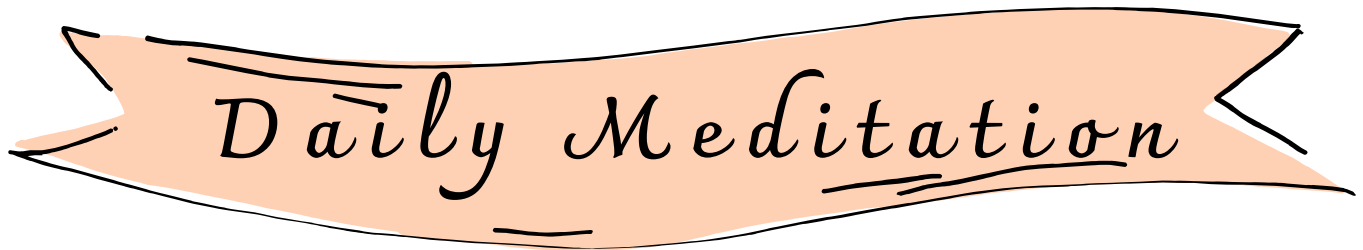


St. Mary & St. Joseph Coptic Orthodox Church
11308 Yonge St, Richmond Hill, ON L4S 1K9

Daily Meditations • July 11, 2020

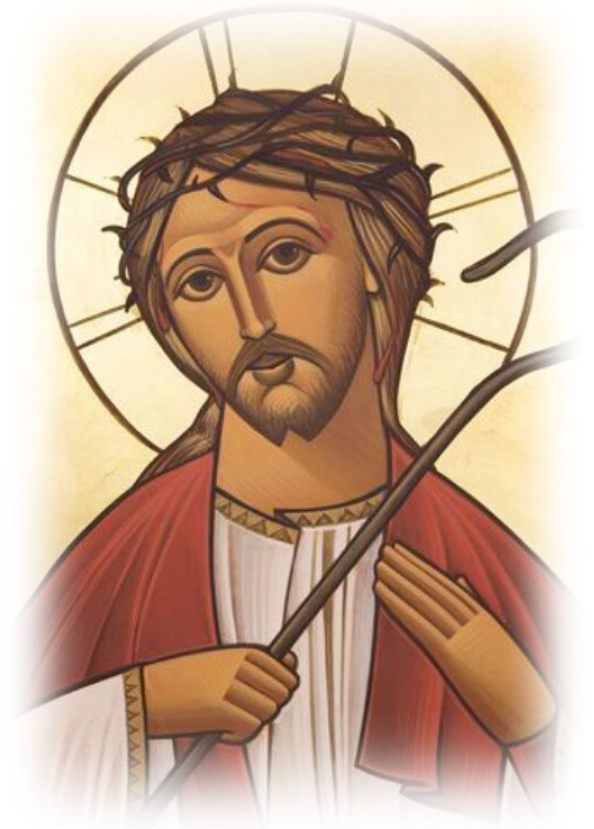
THE ROCK

THE LORD IS MY ROCK.
- PSALM 18:2



Reflection on (Luke 12: 6-7)

"Are not five sparrows sold for two copper coins? And not one of them is forgotten before God. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows."





Uncertainty drives the fear many of us experience everyday, not knowing when things will go back to “normal”. Not knowing whether or not we’ll be going back to school, back to our jobs, when the next time we’ll see our loved ones we’ve been away from for so long, it’s scary. We feel this fear because with our everyday schedules, and the repetition of a life we once lived was so normal to us. We go by thinking that this schedule or these plans are by our own making, we get stuck in a mindset where we are in charge of our everyday lives, and that we are in the drivers seat. It is only when an obstacle is put in our way, and normal gets distorted where we panic and not know what to do. The reality of it is that we are not in control, God knows where you will be and how you will get there and every detail in between. Don’t stress about the future if it’s all in His hands, do what needs to be done honestly in His eyes, He will see your love and your desires and give to you what He sees fit. You are not forgotten, your time will come.





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